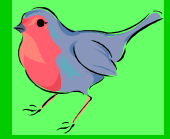




# **VOLUNTEERS**

## **wanted in Kington**



The lively credit union office needs a volunteer to transcribe financial information to enable it to be sent to the company that prepares its accounts. Help also needed with collecting money from members and registering new members. Monday, Thursday or Saturday mornings.

Volunteer First Aiders needed for cover at public events. To start with you would be supported by more experienced volunteers.

Have you 90 minutes to spare? Drivers with own cars needed to deliver meals-on-wheels in the Kington area Flexible - daily/ weekly/monthly basis Once you've done it you'll love it! Mileage reimbursed.

Could you spare a few hours to help support people in your community by helping them with day to day tasks such as walking the dog, shopping, collecting prescriptions or just popping in for a cup of tea.

The local breathe easy group of the British Lung Foundation needs support workers for monthly meetings. Also needed is an editor for the newsletter which allows members to keep in touch if they cannot attend meetings.

Volunteers required to support the annual Marie Curie Cancer Daffodil campaign. Help with the distribution of the emblem boxes to existing and new sites in the county from late February and then collect up at the end of March.

These are just a selection of over 500 different volunteering opportunities throughout Herefordshire. If you are interested in volunteering in Bromyard then please contact Vicky Hamilton on  
**07827 775700**